



Good Faith Estimate of Psychotherapy Fees

Name:	Date of Birth:	Date:
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This is a good faith estimate of the costs of receiving psychotherapy with Rachel Robbins

Psychotherapy with Rachel Robbins, Psy.D. can include assessment, talk, EMDR, Brainspotting, outdoor meetings, creative art and exploration, information and referrals, letters and documentation, coordination with other providers, crisis support, and other outlets we identify together. For insurance coverage these services are billed separately. For direct pay agreements, these are included in the fee. Any additional services will be reviewed before being charged.

In a good faith estimate, diagnosis is typically included. If we have identified a diagnosis code that we include or work on, it will be included here. I list Z71.9, Counseling, if we have not specifically discussed it. Diagnoses can change over time and in different contexts, and we can discuss them and any changes if and when they occur. I hold that diagnosis codes are just one part of the process of acknowledging the complexity of our experiences and understanding our work and progress.

The following is a detailed list of expected charges. The estimated costs are valid for 12 months from the date of the Good Faith Estimate, or for the time frame specified.

Service	Diagnosis Code	Service Code	Quantity	Frequency	Fee	Total Expected Cost
Psychotherapy						

Provider	National Provider Identifier (NPI):	Tax ID/EIN	Address
Rachel Robbins, Psy.D.	1558586669	27-3951493	459 Fulton St, Suite 106 San Francisco, CA. 94102

This estimate includes our expected charges for the full year of 2022. It is calculated by including our regularly planned appointments, minus 3 for potential holidays or illnesses. This is only an estimate, and we may add or remove sessions at any time based on our plans and progress. It includes the therapy and activities we regularly schedule, and if we decide together to add on any other service you will receive an updated estimate.

There may be additional services that I recommend as part of the course of care, such as interactions with other providers, that must be scheduled or requested separately and are not reflected in the good faith estimate.

The information provided in the estimate is only an estimate and actual services, charges, and frequency may differ from the good faith estimate.

If somebody other than you, (a family member, partner, or community member) is assisting with paying these fees, they can request an estimate or you can choose to provide them with one. You may ask for an estimate that does not include your personal, health, or scheduling information and only includes the estimated fee.

I currently accept one insurance policy, San Francisco Health Plan Medi-Cal, through Beacon. I do not accept any other plans, nor does any other therapist at our practice Divergent Worlds. If you have health insurance and your plan allows for reimbursement, you may be able to submit superbills to receive reimbursement for some of the costs of our sessions. You can contact your insurance plan to determine if they provide reimbursement for out of network providers. Some plans inform you of the amount reimbursed after the service has been provided and the superbill has been submitted.

Please know that you will need to pay our agreed upon rate for our sessions at our appointment time, even if your insurance plan does not reimburse you.

You have the right to initiate a client-provider dispute resolution process if the actual billed charges substantially exceed the expected charges included in this good faith estimate. To initiate this dispute, inform me of the difference charged and estimated and we will review our fees together.

For questions or more information about your right to a Good Faith Estimate or your options with the dispute process, visit www.cms.gov/nosurprises or call (800) 368-1019.

If you initiate a fee dispute, this will not disrupt our therapy work or adversely impact the quality of services you will continue to receive.

This good faith estimate is not a contract and does not require you to receive or continue services with Rachel Robbins or Divergent Worlds.